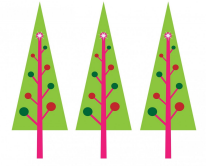


Purdy Elementary School

December 2020



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Day A	2 Day B	3 Day A	4 Purdy Pride Day Wear Red/Blue! Day B	5 Santa Event 9:00 -11:11 A.M.
6	7 Day A	8 Day B	9 Day A	10 Day B	11 Day A	12
13	14 Day B	15 Winter Sing-Along Virtual Music Event 6:30 PM Day A	16 Day B	17 Day A	18 Day B	19
20	21 Day A	22 Last Day of Classes Before Winter Break Day B	23 No School Winter Break	24 No School Winter Break	25 No School Winter Break Merry Christmas!	26
27	28 No School Winter Break	29 No School Winter Break	30 No School Winter Break	31 No School Winter Break	1/1/21 No School Winter Break Happy New Year!	1/2/21
1/3/21	1/4/21 Classes Resume Day A				1-8-21 Purdy Pride Day 1-14-21 No School (Records Day) 1-25-21-Early Dismissal (1:30 PM)	

3"H@' ?52 A) " '5' ' * " ' .

@) 5511' ° 3f " 11° A*53@° 3ž '<5@a<53" 2 " 3A@
H ħa'yl n, † XMtyMIX'XM' Zxn|y, ZMaZx| un| | yS{aZ
ž by{xb{ 'MIX'@/annj, ħj Vnl {b | Z' n| yZ ħjM UnMXX
† nl | ZV{ 'n' Ml n| | VZ VMVZjMl ySXZjMySMIX
uny{unl Zk Zl {y' H Z', ħj Vnl {b | Z' n| n{b† uMzi {y'n_
tk unx{M{ 'MIX'Zk Zx Zl V† yVannj'uxn` xMk k b`
Ml n| | VZk Zl {y', ħa' uanl Z' Vjy'nxpMIX'Zk Mjy'

3n{Z@<jZMYZi ZZu|y| u{ 'n' XMZ'nl 'tn| x' {ZjZuanl Z'
l | k UZxVaM' Zy'a H Z VM l n{ Vnl {M' 'tn| , ħan| {
tn| xk ny{ xZVZl { 'uanl Zl | k UZx' <jZMYZ Xn' l n{ VMj
{aZ'yVannj' _nx'yVannj' Vjnyb` ySxMaZxSjby{Zl { 'n{ aZ'
xMkbn'x', M'Va'AG° ħZjn, 'byMjby{ 'n_y{Ml n| y{ 'n' jby{Zl { 'n'
nx', M'Va' _nx'yVannj' Vjnyb` b` _nxk Ml n| ©

° 2 'aBÜ'H ' ° H µH @J 'ÜÜa°P'

0551" 2 'ÜÜa°a 'H Of)

H @1ž 'ÜÜB°a'

H *@ ú'AG» † aMl Zj' PÜÜÜ'j2 Mħbynl Ä

H 2 AG'3ĕt 'Üa'j2 Mħbynl Ä

H 05H 'Ya'j2 Mħbynl Ä

äB°a'H OA*† n| | {xtµáYÜ'H A2 /µ'

AnXM'y'A2 /B'j2 ħ, °A

H ZMaZx', M'Va'ÜY'j2 ħ, °A

' n..á'j2 ħ, °A

† ĕ@ää'j2 ħ, °A

ž?" @' 5? A) " 'H " ° A) " ?É

H b {Zx', ZMaZx'by'aZxZ°2 nxl b` y'MZ w ħZ VnjXS, ħa'
ynk Z XMtyl ZM' xZZ%b` 'nxUZjn, ° ħZ'M' MZ {aM'
, aZl 'tn| x'y{| XZl { 'nZy'n| {yXZ' _nxZ. ZxVbyZ'nx' xZya'
Mk' _nx'y{UħZ VM 'nW| xw ħ j†° <jZMYZ' k MIZ'y| xZ' tn| x'
ValħX', ZM'y'M, Mħ VnM'Syl n, 'uM {ySaM'S' jnfZynx'
k ħ{Zl ySMIX'Unn{y{ 'n' uxn{ZV{ 'atħ µaZx' _nxk {aZ' VnjX'
, ZMaZx°AaZxZ' MZ` b'jy, b {Zx'VnMy'Ny', Zjj'Ny'MZ,
'Unty'VnMy'M'VjMjZ'M' l n'Vny{ 'b' tn| x'ValħX' by'b' l ZZX°
<jZMYZ' b w ħZ b {aZ' n_bZ b {aby'by'ynk Z{ab` tn| x'
_Mk ħ† k b a{ l ZZX'Nyby{M'VZ', ħa° äYÜ°aáP°aáY'

5?†) " @A? ° -35A" @R'

5xVaZy{xMy{| XZl {y'aMfZ'UZZl 'aMXX'M', nxi jZMħ b`
Un, 'MIX'jZ_{ 'aMIX'ZVal wj ZyMIX'xZMħ b` 'l n{Zy'
@| XZl {y'MZ', nxi b` 'nl 'anjbXM' {aZk ZX'ynl `y'
{axn| `an| { {aZ' k nl {a n_ž ZVZk UZx{ 'n' aZju xZb` _nxVZ'
Mj' {aZyZ' Vnl VZu{y'°° y' {aZk { 'n' yaMZ', ħa' tn| , aM'
{aZ† aMfZ'UZZl jZMħ b` É?Zk Zk UZxSi ZZu'uxNW{b' b`
MIX'ujMħ b` XM†É'Atħ Z' by'k nxZ' fMj' MjZ' {aM' {MjZl {a'

ĕ° 3ž '-35A" @R'

ĕMIX'y{| XZl {y', ħj'UZ'

uMħ{b'wMħ b` b {aZ' 'byf'

<Zx_nk MIV'3Ml n| Mjž M'n_

† ZjZUMl n| ħ' ž ZVZk UZxÜx'

M'IBÜUk ÉH Z'MZ', nxi b` 'aMXX'M' jZMħ b` 'n| x' by{|
_Z, 'l n{Zy'n', Z VM u| { 'nl 'MfX{| M'Vnl VZx{ 'nl , aM'
, n| jX'aMfZ'UZZl {aZb'x' njbXM' Vnl VZx{ 'a' @Sul { 'nl 'tn| x'
_M V† Vjn{aZy' jnx' tn| x' Vnk _† Vjn{aZy'UZVMjyZ' tn| 'VM'
y{M' ank ZÉAMIX' mb' |y' _nx'M' ZfZl b` 'n_k |y' b' Mj' | l É

OZZuZl Vn| xMħ b` 'uxNW{bZ {tk Z M' ank Z' MIX' xZ{| x' b`
{anyZ' jn' yyn' *VM' aZMħ an, {aZ† MZ' Xnb`
b' Xb'X| Mj†°

?Zk Zk UZx{ 'n' i ZZu'uxNW{b' b` É' Aaby'by'MU| y† {tk Z' n_†
tZMSUZ' y| xZ { 'n' k MIZ {tk Z' _nx' tn| x' ValħX' { 'n' ujM' {aZb'
b' y{x| k Zl { 'M' ank Z' a'° fZl 'nl 'M' ZyuzVMj†U| y† _Mk ħ†
ZfZl b` SZfZl 'a'ÜÜk b | {Zyn' XM† uxNW{bZ by'UZ { {Zx'
{aM' Ük b | {Zy'

'n' nX' <M' {xt' by' n| Z' nX' M' b' l n| M' y' b' l ZZX' n' Xnl M' l n| y' a' <jZMYZ'
XZjbyZx' tn| x' _nnX' nx' k nl Z{M† Xnl M' l n| y' XbZVj† { 'n' {aZ'
' nnX' <M' {xt' {aby' tZM°

A*@A) " @ ° @53" 5? (*G*3 (...°

*_M†' <| x†' " jZk Zl {M† @/annj' _Mk ħ† by'b {ZxZy{ZX' b`
' b' b` { 'n' VaMħ MjZ' nx' M' b' l n| M' y' b' {aZ' MZM' nx' {aby'
anjbXM' yZMynl S{aZ' nx' { 'i b' ynl ' nnX' <M' {xt' by' n| Z'
nx' M' b' l n| M' y' b' l ZZX' n' Xnl M' l n| y' a' <jZMYZ'
XZjbyZx' tn| x' _nnX' nx' k nl Z{M† Xnl M' l n| y' XbZVj† { 'n' {aZ'
' nnX' <M' {xt' {aby' tZM°

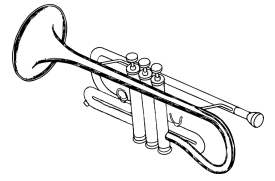
AaZ' nx' { 'i b' ynl ' nnX' <M' {xt' by' jnni b` ' _nx' Mj' k ny'
ZfZxt{ab` SUI {yuzVMj†S{aZ† Mj' M' y' l ZZX°
<ZM| {ĕ| { {Zx'MIX'Zjj†µMħ

† xZMħ @| uy» ° jj'

ĕn. ZX' <n{MnZy'

† Ml ZX' x| ħ'

† aZ_ĕntMħZZ† Ml ZX' 2 ZMj'



2 MWAnl bl' t aZZyZ'
t ZxZNYŠ<MlVMIZ'2 b.l' @x|u'
AnbZ{xZy'Z'nn{aUx|yaZyS{nn{auMj{ZSynMlSyaMk unnS
Z{V'A
t Mja ž nl Mlml'

-A° 10S?° ° ž Š<1° J®
Aaby'by'M Z, 'uxn' xMk 'tn| VM' |yZ', ěa'tn|x'ValbX'
ZfZxtXMÉ') ZxZ'by'Mjb i' {n' {aZ'AMj' ?ZMk<jM', ZUyčZ'
M' . . . °AMj' ?ZMk<jMH °Vnk °Aaby'by'uMk' n'M'
b ěbMl'Z' {aM' nV| yZy'nl' ZMj' t jZMl' b' Šk ZZ{b' . .
uMkZi {Mj' ZZxy'MIX'Vnl | ZV{b' 'Nk ěbZy' n' xZyn| xVZy°
AaZ', ZUuMIZ' by'b VxZXBj' t xZyn| xVZ' j' U| { {aZ' UZy' uMk'
by' {aZ' xZZ' G? 552 'Mlu°' Aaby'Mlu' yZi Xy'MXNj' t' bXZM' n'
b VnxunxMIZ' j' | 'EUxVb' U| ěXb' ěk nk ZI {y'b {n' ZfZxtXM'
M' {b' ěbZy° Aaby'b' _nxk Mlml' , ěj' UZ' M' Mj' jZ' nl' {aZ'
Xby'xb' { ' <| xXt-y' , ZUyčZS' MWUnni' uMZSA, ě{ZxSZ{V°



) Zjjn' <| xXt' ° M' ěbZyS
*, Ml{ZX' {n' xZMwa'n| { {n'tn| {n' yaMk' ynk Z' XZ{Mjy'
Mlml' { {aZ' | uVnk b' 'H b' {Zx' @' ° ° jnl' {aM', Z-xZ'
ujMl' b' ' _nx' ZfZxtnl' Z' {aby' tZM° 5 _Vn| xyZS, Z-X' jnfZ'
{n' M' aZx' M' X' uZx' _nxk' n' | x', b' {Zx' Vnl' VZx' {y'b' n' | xUZy'
M' {bX' Mj', Z' aMfZ' Xnl' Z' b' {aZ' uMj' {SU| {', Z' aMfZ'
XZVbXZ' {n' Vnk' Z' | u', ěa' Mj' MZ' x' ynj| {lml' {aby' tZM°

Aaby' tZM' tn| ° Z' {n' aMfZ' tn| x' fZxt' n, | ŠuZxynl' Mj'
Vnl' VZx' {y' {Mx' b' ' tn| x' ValbX' uValbX' xZi' xb' a' {b' {aZ'
Vnk' _nx' {n' tn| x' ank' ZEH' Z', ěj' y' {ěj' XxZy' | uSyb' ' SujM'
b' y' x| k' ZI {y' SXMI' VZSM' X' k' | Va' k' nxZ' X| xb' ' {aby' yuZVb' j'
ZfZi' {° (Z' xZMk' t' _nx' M' b' a' { ' j' jn' _k' | yb' S' j' | SM' X' Mj' yn'
ynk' Z' y| xuxb' Zy' _nxk' ' tn| x' fZxt' n, | ° nx' { ° {i' b' ynl' .
" jZk' ZI {Mk' t' <xb' VluMjy' E' jn| , nl' -{ , Ml' { {n' k' by' ěE

AaZ' _n| xZjZk' ZI {Mk' t' k' | yb' {ZMwaZxy' MZ' k' ZZ{b' . .
nl' j' b' Z' xZ' | jMj' t' {n' uxZuMk' k' | yb' _nx' {aby' ZfZi' {° H' Z'
aMfZ' UZZI' M' X', ěj' Vnl' {b' | Z' {n' {ZMwa' j' | M' X' _Nk' ěb' b' X'

, b' {Zx' ynl' ' y'b' VjMjy' b' ' nxXZx' {n' uxZuMk' ' tn| x' ValbX' xZi' .
{n' yb' ' Njnl' ' , ěa' {aZ' b' k' | yb' {ZMwaZxy' nl' A| ZyXM' S
ž ZVZk' UZx' Ůa' {a' M' a' ° Ůuk' ° H' Z', ěj' aMfZ' Mlml' { | UZ'
<xZk' ěx' 1b' Z' f' bXZn' j' b' i' uny' {ZX' _nx' tn| {n' { | Z' b' {n' M'
{aby' {tk' Z° Jn| , ěj' yZZ' Mj' _n| xk' | yb' {ZMwaZxy' M' X' ynk' Z'
yuZVb' j' MluZM' M' VZy' _nxk' {aZ' uxb' VluMjy' nl' {aZ'
Jn| { | UZ' j' b' Z' f' bXZn' Njnl' , ěa' Mj' n' _{aZ' yb' ' Njnl' ' j' t' x' b' y'
_nx' tn| {n' yb' ' Njnl' , ěa' ° ° , ěj' UZ' ytk' ěMk' {n' M' , M' Va'
uMk' t' ° b' {aM' Mj' } nx' { ° {i' b' ynl' @' Vannj' ž' by' x' b' {
ZjZk' ZI {Mk' t' y' | XZi' {y' M' X' _Nk' ěbZy' , ěj' UZ' , M' Va' b' ' M'
{aZ' y' M' Z' {tk' Z° } n, ZfZxS' b' y' {ZMk' n' , M' Va' b' ' Štn| x'
ValbX' n' x' ValbX' xZi' , ěj' UZ' uZx' _nxk' b' ' _nx' J5B° ° ZZj' xZZ'
{n' -%ank' ' b' f' ěZ' ° n' {aZ' _Nk' ět' k' Zk' UZxy' {n' yZZ' tn| x'
ValbX' y' uZx' _nxk' M' VZ' M' {aM' {tk' Z' Mj' , Zjj' E

Jn| MZ' Mj' n' , ZjVnk' Z' {n' m' b' ' b' nl' {aZ' j' | M' X' yb' . .
Njnl' ' EH' Z' k' M' n' xk' M' i' n' {aMfZ' y' {Mk' ZX' ZI' Vnl' xMl' b' . .
y' | XZi' {y' {n' Z' t' tn| ' b' fnj' fZ' X' Mj' , Zjj' Syn' Xnl' -{ ' Z' {n' n'
Vnk' j' EH' Z' uxnk' by' Z' MfZ' xt' ZI {Zx' {M' b' ' ZfZi' { _nx' tn| .
Mj' M' X' , Zjnni' _nx' , M' X' {n' yaMk' b' ' {aZi' b' a' { , ěa' tn| ' b'
M' Z , M' X' Z' M' ěb' , M' °

<jZMjZ' k' M' i' {aby' XM' M' X' {tk' Z' nl' ' tn| x' VjZi' X' M' M' X' , Z'
jnni' _nx' , M' X' {n' yuZi' Xb' ' ynk' Z' k' | yb' Mj' {tk' Z' , ěa' tn| .
{aZi' E

<jZMjZ' ZZj' xZZ' {n' Zk' Mj' k' Z' , ěa' M' t' w' Zy' {lml' y' nx'
Vnl' VZx' y' ° ° , ěj' k' M' Z' y' xZ' {n' i' ZZu' tn| | u' {n' XMZ' nl' .
, aZxZ' M' X' , aZi' {aZ' Jn| { | UZ' j' b' i' , ěj' UZ' uny' {ZX' Mj' , Z'
' Z' {VjnyZx' {n' ž ZVZk' UZx' Ůa' {a' Mj' , Zjj' °

AaMl' i' tn| S
Mk' t' ? | yVaŠ<| xXt' ° jZk' ZI {Mk' t' 2 | yb' AZMwaZx'



<B?žJ " 1" 2 " 3A° ?J' @) 551° 3ž .
A) " ° 5?A° A0*3@53 ° ° ?" ° ° @ ° 3t ° °
' ° ° ?°

° ° M' ěbZy' yan| jX' UZ' b' {Mj' b' ' Mlml' {
{aZ' | uVnk' b' ' @' VZi' VZ' ° M' ° ° by' UZy' {n' yuZi' X' M' Z' ,
, ZZi' y' {nnyb' ' M' n| X' bXZMj' {n' y' | X' t' M' X' Mjy' , Zx°
ž' nb' ' {aby' aZ' juy' y' | XZi' {y' M' x' b' Z' M' M' b' {ZxZy' {b' . .
w' Zy' {lml' {aM' {aZ' t' , Ml' { {n' Mjy' , Zx° ° ° f' M' k' Z' t' n' aZju' j'
ujMl' b' ' Unni' y' MZ' M' Mj' Mj' Z' M' n| x' y' Vannj' j' b' X' M' t' Mj'

1" AĒ@A° 10° Ł5BA@ ?*<† ° ?ž @

Łn{{nk jĵ Z'@xku VmXyMz' {aZ'uZx_ZV{` b{ ZfZxt {tk ZĒ) ZxZ'MZ'ynk Z'Z.Mk ujZy©

- **ž n'tn| aMz' M ħt k Zk UZxy,, anMz' Xb B| jf' {nU| t' _nx''MZZI MZxnxan,, NŪh| { 'tn| x' 2 n{aZx' b' jM} ¥H aM{ 'n Xn^{aaa} Jn| ' bZ' {aZk 'M ` b{ VmX' {n My{nxZ' nx'xZy{M} xM { {aM' {aZt jĵ Z' {n' xZw| ZI { 'M X' {aZt', ħj' Xn' {aZ' xZy{Ē**
- **ž n'tn| 1 ZZX{n yZl XIM b{ {axn| ` a {aZk M}) n,, NŪh| { yZl Xb ` M' Zl fZjnuZ' b' y{ZM' n' yVajZuub ` MŪb 'U| ji t' Un.. {n {aZ' uny{ 'n_bZS MynS{ab i' n' {aZ' uny{MZ' tn| , n| jX' yMfZĒ 2 MUZ' tn| Vn| jX' U| t' tn| xyZj_Mjĸ{jZ' ynk Z{ab ` , ħa' tn| xyMfĵ ` y^a AaZ' XnjM' {xZZ' aMy' V| {Z' b{ VmX' anjXZxy' ĒMk 'tn| x', xMduZXE**
- **ž n'tn| aMz' i bxyM M b VhjjZ' Z¥' AaZt' Mz' Mj, My'a| l' xt' nx' b' l' ZZX' n' an| yZanjX' y| uujĵZy' nx'yĸ{b ` , ħa' M' Zk u{t' M' {M i^a AaZxZ' Mz' @xku VmXy' _nx' {anyZ' l' ZZXy' M X' {aZxZ' by' l' n' Xxĵb ` 'Nj' Mkn| l' X' {aZ' {n, l' a' '3n' {xM' b^a 3n' ynxZ' ZZ{^a 3n' Wab ` 'UMi Ē**
- **ž n'tn| ,, Ml' {nU| t' Mjĸ{jZ' ynk Z{ab ` _nx{aZ' k M} VmZ' S' Z,, yuMuzx' VmZ' xnx{aZ' `**
- **UNŪh| {Zx¥' @xku' b{ VmXy' Mz' uZx_ZV{S Vnl fZl ĸZl { 'M X' tZyS{aZxZ' Mz' ujZl {t' n' Ōa^a ŪŪ' nu{ĵnl y^a**

n'xZ{| xl ySl n' b{ xZVZbu{y' {n' i ZZu' {xM' n' Sl n' U| ji t' uM' MZySl n' {xM' b'Sl n' jnl ` jĵ ZyS, aMĒy' l' n' {n' jĵ Z¥'

1Z{Ēy' UxZM' ĸ' Xn, l' ©
 H aZl 'tn| 'nxXZxM' @xku VmX' M X' uM' ĸy' _Mz' fMj| ZSj_nx' Z.Mk ujZ' @MŪy'a^a ŪŪ' M' VmX' Vny{y' tn| 'Ōy'a^a ŪŪĀ<| xXt' , ħj' nxXZxM' X' uM' 'nx' ĸ' M' M X' b' Vh| l' {ZX' xMz' ^{aaa} ' Ūö Špö SŪŪö n' _M X' k' nxZĒ' AaZ' uxn' ĸ' y{M' y' x' b' a{ 'aZxZ' M' <| xXt' {n' UZ' | yZX' Ut' {aZ' <A5 {n' UZl Z' ĸ' tn| x' Vab' XxZl Štn| x' y' VannjŠtn| xy{M' Ē' *' tn| , n| jX' jĵ Z' k' nxZ' b' _nx' M' ĵnl Šnx' {n' ujMz' M' nxXZx' SujZMz' Vnl {M' {aZ' y' Vannj' n' bZ' ŠäYŪ^a aP^a aäYŪ' _nx' k' nxZ' b' _nx' M' ĵnl a'



PTO Meeting

Wednesday, November 18th, 6:30pm

<xZyZl { 'M'2 ZZ{b` ©?Wazj`LxnMkaZNXSt axby{b MGMI XZx'2 MlyZSOMWb" fZl ynl \$1Zb a" I I ' @vZl ZxZjS@Mk '1Mk | xnSt MyyZ' H Zxl Zx'

AxZMy| xZx-y?Zunx{ '1 _nxk Mlbnl _nxk '5V{nUZxYÜYÜk ZZ{b` S, bj| uXMZb ž ZVZk UZxA©
@Mf` y'UyMl VZ'ÜäSääa'äU@Xbu' f aZV b` 'ÖYsäB³B³' f aZV b` 'ÖYsäB³B³' @/anjM{b'ž njjMy' ÜÜSßäa'aP''2 nl Zt'LM 'M' <| xXt'ÖaÜ'ÜÜ'

5_b/Zx?Zunx{y©

<xZyZl { '1 axby{b M'P'

- 3Z, Zk M'Vnk b` _nx'n_b/Zxy', bj'UZ'_nx{yWannjy'nx' 'MXXxZyyÄ
- H bj'xZMwa'n| { {n'n{aZx'<A5 'Mln| { 'VnjMlnxMl'b` ''

GbZ'<xZyZl { '?Wazj'©

- H Mjt'ÉZl Va'by'b`
 - ?Wazj' { nni ' { aZ'jZNX'MIXk NXZ' b' yuZV{W| jMk''
 - H Mjt'y` xMlXynl 'k NXZ' M'Xnl Mlbnl ''
 - ". {xMk nl Zt'_nxk 'H Mjt'y'UZl Va', bj'` n' {n'@MZ{t'<Mxnj'
 - <| xXt', bj'uMk{l Zx| u', b'a H Mjt'y` xMlXynl ' {n'y| uunx{ 'aby' {xnnu', aZl ' {aZt'` n'n/fZxyZMj'
- H nxi b` 'nl 'b'_nxk Mlbnl ' {n'yZl X'n| { 'nl', b'a, aM'<A5 'by', nxi b` 'nl'
- 'nnX'_nxk 'l| {xq'bnl '_nx'y{M', MyMk M'ßb`
 - f axby{b MubM Zx' | u' {xZM'yMlX', MZx'

AxZMy| xZx'@aZxZ'©' UyZl {'

- AaMi 'tn| 'VMXy', Zx'nxXZxZXMlX', ZxZ'yZl {n| {jMj', ZZi'

@VxZ{Mx'1OMWb'©3n{ab` ' {n'xZunx{'

f nk k b{ZZt aMk?Zunx{y©

@M' uuxZVbMlbnl 'OMZjtl " xZxXbM ©Bl MljZ' {n''

.....k MIZ' b'

- ?Wazj', bj' {n| Va' UMyZ', b'a 'OMZjtl ''
- <nyy{b|t') n{ f nVnM'EMk''

@Xbu' | Xt'2 Vž nl MjX'©

- @fZxMj'Zk Mjy'aMfZ` nl Z'n| {'

Łn.. 'Anuy'OMWb" fZl ynl ©

- H bj'` Z{k nxZ' b` _n'yZl {n| { 'MMb`
- ž b'x'aMfZ' W{ | Mj'uMlZx' Łn. AnuyVnk Z'UWl'

@ubq' H ZMk'@Mk '1Mk | xn©

- H M'ßb` ' {n' b' X'n| { 'uxn' b'

Łnni " Mx'@Mk '1Mk | xn©

- H nl ' { 'aMfZ' M' {n' Mj' | | { b' MfZx' Unni _Mk'

ŁxZMl_Mj', b'a ' @M' { Ml' MyyZ' H Zxl Zx' ©

- <MlZx' xMl'y'
 - f MyyZ', bj' {xt' {n'` Z' {VxM'y' {n'` Z{aZx'
- @M' {M' M' M' MjZ' {n', MfZ'
- f axby{k Mj' {xZZSXZZxSXZVnxMlbnl ynl {y' b'Z'
- AMlZ' M' Mni b'Z' {n' XZVnxMlZ'
 - H bj'xZMwa'n| { {n' i b'VaZl'

- H bj' u| xVaMjZ`VM Xf`VM Zy'
- ?Zb XZZx`nnX'
- 2 nfb` {ab` py{Mlml y'
- @I | u`nx'uMzI {y{n'ubM M{k Z`yjn{`n`Vnk Z'
 - 1Zb a` I I`MIXf axby{b M, bj', nxi`nl`
- H bj' i ZZX`Mjbx'
- YÜÜ`YaÜ`Zy{k MZ`{n`Vnk Z'
- H bj' i ZZu`@M| xXM`ž ZVZk UZx`a{a`äNk`'ÜÜ`
- H bj' xZMwa`n| {`n`O, b` Axw`{n`yZZ`b`{aZt', bj'aZju'

à{a` (xMkZ`ŁxZMl`Mk`1°` k MlXMl`'OMl`©

- 2 MUZ`°` k`f`{nn`

H ZUk M{Zx`3bM` @bb`i`y{`©

- 3n`|`uXMZ`

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- 3n`|`uXMZ`

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- 3n`|`uXMZ`

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- H bj`anjX`n`_|`|`{`b`/M`|`Mt`

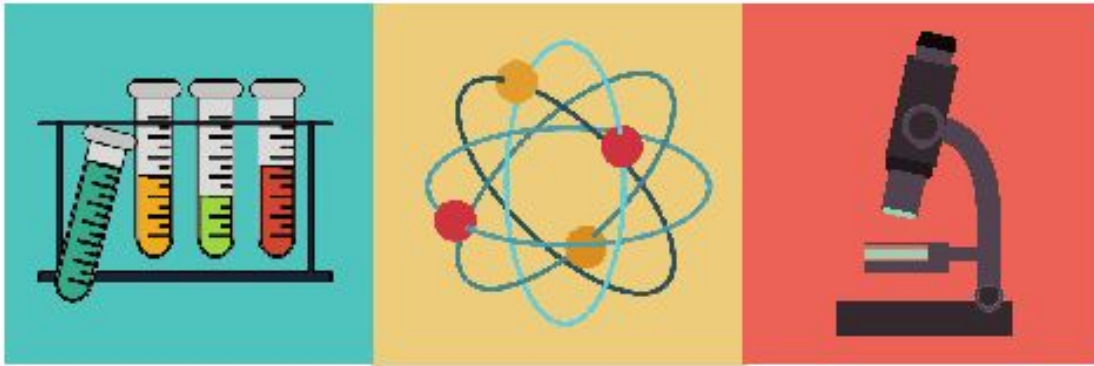
3Z, Ł|`y`b`Zyy`5uZl`" jnnxA`

- *XZM`nl`an, {n`Z{k`nxZ`_Mk`bz`yb`fnj`fZX', Ła`<A5`
 - "k`M`UjM`{y`n`_, aM`<A5`by', nxi`b``nl`"
 - f`aM`b`b``<A5`k`ZZ{b``XM`
 - H`aM`XM`by`UZy{`{n`yZl`X`b`_nxk`Mlml`
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- ' | I`H`b`{Zx`f`nl`VZx{`1`ž`ZVÜa`{a`
- 3nk`b`Mz`M@M`_2`Zk`UZx`
- °`VMkZk`b`?`ZVhfZxt`<jMl`{n`UZ`yaMZX`l`Z.`k`nl`{a`M`<A5`k`ZZ{b``nl`ž`ZVZk`UZx`Üa`{a`M`á`ΦÜuk`

5|x`l`Z.`k`ZZ{b``, bj`UZ`/M`|`Mt`YÜ`a`í`á`ΦÜuk`



♥ SUNDAY, FEBRUARY 14, 2021 ♥

2021 FORT ATKINSON REGIONAL *VIRTUAL* SCIENCE FAIR

MORE INFO AT: FAScienceFair.org

Financial Assistance is Available

Prizes Awarded in Grade Divisions K-1, 2-3, 4-5, 6-8, and 9-12

Entries can be submitted digitally starting Saturday, **February 6.**

All entries due by 8:00 pm Wednesday, **February 10.**

View digital slideshows and videos of projects on **Sat., Feb. 13.**

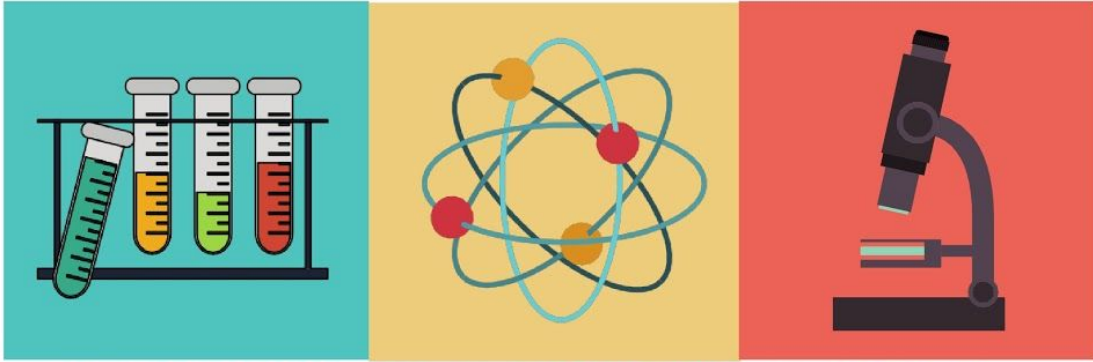
Watch a live-streamed Awards Ceremony on Sunday, **February 14.**

Prizes include a microscope, medals, t-shirts and money!

Fair Entry Deadline Wednesday, February 10.

Like Us at www.facebook.com/FortAtkinsonRegionalScienceFair/





♥ DOMINGO, 14 de FEBRERO de 2021 ♥

2021 FERIA REGIONAL de CIENCIA *VIRTUAL* de FORT ATKINSON

MÁS INFORMACIÓN EN: FAScienceFair.org

La asistencia financiera está disponible

Premios entregados en divisiones del grado K-1, 2-3, 4-5, 6-8, y 9-12

- Las entradas pueden ser enviadas digitalmente a partir del **6 de febrero**.
- Todas las entradas deben de ser enviadas antes de las 8:00 pm el **10 de febrero**.
- Vea la presentación de digitales de proyectos el sábado, **13 de febrero**.
- Vea la ceremonia de entrega de premios en vivo el domingo, **14 de febrero**.

¡Los premios incluyen un microscopio, medallas, camisetas y dinero!

Fecha límite de entrada a la feria es el miércoles 10 de febrero.

[Facebook.com/FortAtkinsonRegionalScienceFair/](https://www.facebook.com/FortAtkinsonRegionalScienceFair/)





BACKPACK NEWS KIDS

Winter Exercise

Even though you may be spending a lot more time at home during the Coronavirus pandemic, it's still important to be getting 60 minutes of exercise every day for overall physical and mental health.

Playing Outside

Winter is a great time for outdoor activities—just make sure to wear the right gear, such as warm socks, snow pants, hats, scarves, and waterproof gloves/mittens.

Sledding
Ice skating/hockey
Building forts/snowmen
Ice fishing
Walking
Hiking

Playing Inside

A little creativity is all you need for getting exercise in your home during the cold winter months. Don't be afraid to get the whole family involved with ideas and planning!

Obstacle Course/Circuit

(Set up "stops" along your course, and put a sheet of paper with different activities on each)

Dance Party

(Dance, dance, dance!)

Digital Classes

(American Heart Association, Youtube, Facebook, Instagram)

Family Exercise Challenges

(Set up a chart for each family member—for each 5 or 10 minutes of exercise, you get a sticker. Another idea is to set up friendly competitions with games or number of repetitions of an exercise)

In-Season Produce

Eating fruits and vegetables is important any time of the year, but it is especially important during the winter months to get all the important vitamins and minerals, and to help protect your immune system.

If your favorite fruits or veggies are not in season in winter, look for canned or frozen versions—just be careful of added sugar or salt.

In-season produce in December:

Cabbage	Brussel Sprouts
Winter Squash	Potatoes
Onions	Beets
Turnips	
Oranges	Grapefruit
Pomegranate	
Tangerines	Mandarin Oranges

Breathing Exercise

Stress and anxiety are at an all-time high for many individuals, and it's important to remember to take time daily to check in with your stress, and to work to keep it under control.

A simple and discreet way to bring your stress down is to do breathing exercises, and this exercise takes about 2 minutes to do:

1. Find a comfortable place to sit or lay (if able).
2. Close your eyes and rest your hands comfortably on your lap.
3. Take a few normal breaths.
4. When ready, do a 4-count inhale, hold your breath for 4, and do a 4 count exhale. Take a few normal breaths before going to the next set.
5. Repeat 3-5 different times.

Connecting during the holiday

The pandemic has likely changed some of your family plans for gatherings during this holiday season. While it can be frustrating missing out on family time, there are ways you can connect while being physically distant. Here are a few ideas to get the whole family involved during this challenging time:

Write holiday cards

Writing holiday cards to family members is a great way to connect, and to receive "happy mail"—don't forget to include pictures from the year!

*If you're looking to go digital, send a "Virtual Holiday Card" with updates and pictures. *

Visit Virtually

Many different platforms, such as Zoom, Facebook, Skype and others allow you to connect via video with friends and family in real-time and are totally free!

Phone calls

With texting and instant messaging, phone calls may seem a bit like they are from another time! Set a time to pick up the phone and call family/friends who you may be used to seeing for a little pick-me-up and to stay connected.

Create new traditions

2020 will be remembered for years and years—but are there things you can add to your holiday traditions that may be kept? Maybe a new meal that is created by everyone, or a game or movie night, or even a family exercise session. Don't be afraid to branch out and try something new this year!

