



Wisconsin School Mental Health Framework

Increased services for student mental health
in the School District of Fort Atkinson



School Mental Health

A multi-leveled system of support

A dimension of overall health that includes a continuum from high level wellness to severe illness.

Addresses all aspects of social-emotional development in school age children including

- Wellness
- Mental illness
- Substance abuse
- Effects of adverse childhood experiences

Inclusive approach that works to address and eliminate the stigma typically associated with mental illness

School Mental Health? Why?

The need for school mental health :

- Less than half of the children with mental health challenges get treatment, services or support
- Students are more likely to seek mental health support when services are accessible in school
- Addressing barriers to learning is an essential function of schools.

The benefit of school mental health:

- Help all youth enhance mental health and well-being
- Provide better access to services
- Reduce the stigma associated with mental health treatment
- Create positive learning environment where all students can flourish

Wisconsin School Mental Health Framework

Promoting Relationships, Engagement & Learning

Linking with Systems of Care

Appropriate Information Sharing
Continuous Communication Loop
Supported Navigation through Systems of Care
Wraparound Support
Family-Driven & Youth-Guided Planning

FEW

Counseling & Support Teams
Safety & Re-entry Plans
Seamless Referral & Follow-up Processes
Deepened Collaboration with Youth, Families, & Community Providers

SOME

Early Identification, Screening, & Progress Monitoring
Effective Individual & Group Interventions
Wellness Plans
Co-Planning Strategies with Students, Families & Community Providers

ALL

Relationship Building, Resiliency & Rich Social-Emotional Learning
Trauma Sensitive Practices
Mental Health & Wellness Education

Foundation

Integrating School Mental Health
with Positive Behavioral Interventions & Supports through:


1. Strong Universal Implementation
2. Integrated Leadership Teams
3. Youth-Family-School-Community Collaboration at all Levels
4. Culturally Responsive Evidence Based Practices
5. Data-Based Continuous Improvement
6. Positive School Culture & Climate
7. Staff Mental Health Attitudes, Competencies & Wellness
8. Systemic Professional Development & Implementation
9. Confidentiality & Mental Health Promotion Policies
10. Continuum of Supports

S DFA Current multi level systems of support

Support for ALL	Support for MOST	Support for a SOME
<ul style="list-style-type: none">● Focus on relationship building● Trauma Sensitive Practices	<ul style="list-style-type: none">● Early identification, screening, progress monitoring● Individual and group interventions	<ul style="list-style-type: none">● Counseling and support teams● Direct mental health services/counseling

Planning and next steps.....

- Visioning and determination of district mental health needs (Fall 2017)
- Coordination of current district resources and services (2017-18)
- Continued collaboration with community and county resources (2017-18)
- Integration of universally used techniques in the curriculum and educational environment (2018-19)
- Availability of direct counseling and resource coordination services in the school environment (2017-18)
- On-going data collection and measures of effectiveness (2017-18)



Thank you!
Any questions you have for
me at this time?

