

Spiced Cranberry Sauce

GENERAL INFORMATION

Recipe # 1462773
Category Fruit 🍓
Source Local

ACTIVE

INGREDIENTS

Name	Quantity	Quantity 2
Cranberry Sauce, Jellied, 6/#10cans, Ocean Spray, #01400	1 ½ c., 1 tsp.	
Cranberry Sauce, Whole Berry, 6/#10cans, Ocean Spray, #01435	1 ½ c., 1 tsp.	
Beverages, Orange juice, light, No pulp	5 ⅜ fl oz	
Spices, cinnamon, ground	¾ tsp.	
Spices, cloves, ground	¼ tsp.	
Spices, allspice, ground	¼ tsp.	
Spices, nutmeg, ground	¼ tsp.	

PREPARATION INSTRUCTIONS

HACCP Process: #1 - No Cook

Mix well.

Chill.

MY SCHOOL MENUS

IN USE AS A SUB RECIPE

MENUS USING THIS RECIPE

DATES

Last Updated	Created
12-13-2023	11-03-2023

Spiced Cranberry Sauce

Serving Size 1/4 cup
Yield 15

Nutrition Facts

Serving Size 1/4 cup (68 gm)

Amount Per Serving

Calories **488.331**

% Daily Value*

Total Fat 0.024 gm 0.037 %

Saturated Fat 0.013 gm 0.065 %

Trans Fat 0.000* gm

Cholesterol 0.000 mg

Sodium 44.700 mg 1.863 %

Total Carbohydrate 120.296 gm 40.099 %

Carbohydrate

Dietary Fiber 4.515 gm 18.058 %

Total Sugars 98.331* gm

Includes N/A* of Added Sugars

Protein 0.035 gm 0.07 %

Vitamin A 23.195* iu 0.464 %

Vitamin C 3.265* mg 5.442 %

Vitamin D 0.000* mcg

Calcium 1.936* mg 0.194 %

Iron 0.020* mg 0.109 %

Potassium 21.806* mg 0.464 %

Saturated Fat % of Calories 0.024 %

* Indicates missing Nutrient Information.

^ Indicates user added nutrient.

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Meal Components

Component	Measurement
Fruits	0.250 cups

Allergens

No Allergens

SHOW